## LifeShare TO LIVE IN

## What is LifeShare?

Through LifeShare, Ontario families and citizens (home providers) can offer a safe and nurturing environment for adults with developmental disabilities (home sharers).

LifeShare (also known as host family) is so much more than providing a room in your home. Being a home provider means you're giving someone with a developmental disability "a place in your heart, a place in your home."

People with developmental disabilities are active participants in their communities. They can be athletes, artists, employees, advocates, community volunteers, neighbours and friends. They're an important part of the community and contribute to the strength of our province.

LifeShare helps adults with developmental disabilities, who are 18 and older, live as independently as possible in their communities.

## What is a Developmental Disability?

A developmental or intellectual disability:

- Is present at birth or develops before 18 years of age
- Affects areas of life such as language skills, learning abilities, the capacity to manage personal care and/or live independently
- Is likely life-long in nature
- Can be mild or more complex; affecting the person's ability or skills to manage certain aspects of daily life.

People with developmental disabilities often require assistance to learn, understand or use information. The person's language and social skills may also be affected. It may also mean they need help with daily activities or other support to be independent.

People with a developmental disability want to actively participate in their communities. They can be athletes, artists, employees, advocates, community volunteers, neighbours and friends. They're an important part of the strength of our communities and province.

All referrals can be made through:

## **DSO (Developmental Services Ontario)**

140 King Street East, Suite 4 Hamilton, ON L8N 1B2 Phone: 519-512-0010

Toll Free: 1-877-376-4674 Email: info@dsohnr.ca