

**COMMUNITY LIVING BRANT  
POLICY AND PROCEDURE MANUAL**

<b>SUBJECT:</b> Bathing/Swimming	<b>POLICY NO.:</b> 8.2 <b>PAGE</b> 1 of 2
<b>FILE UNDER SECTION:</b> 8	<b>EFFECTIVE DATE:</b> September 20, 1994 <b>REVISION DATE:</b> May 10, 2018

**PURPOSE**

To ensure a person's right to respect and privacy is acknowledged while maintaining dignity and safety during bathing/swimming.

**POLICY**

Community Living Brant will ensure that physical safeguards and bathing/swimming procedures and practices are in place for the dignity, protection and safety of people.

Any person requiring additional assistance or deviation from the above will have an individualized support plan that clearly defines the support required for the safe use of water.

**PROCEDURE**

- 1.0 The dignity and self-esteem of people shall be ensured.
- 2.0 A Bathing/Swimming Supervision Levels form (Appendix A) shall be completed to include the person's personal preferences, the level of care and supervision required and identification of any necessary assistive devices.
  - 2.1 The Bathing/Swimming Supervision Levels form must be reviewed at least annually or as needed to reflect changes in an individual's personal preferences and/or changes in support required to ensure safe use of water.
  - 2.2 The Supervisor will document the completion of the annual review on a person's file on the AIMS database under documentation due.
- 3.0 All staff, prior to assisting people with bathing/swimming, shall receive orientation in procedures as well as practices specific to the person.
- 4.0 Systems are in place to ensure scalding prevention. Community Living Brant has established a system that will ensure a method of temperature control, monitoring and documentation.
  - 4.1 Water temperature regulators shall be installed on hot water systems where required by legislation. The standard as set through the Quality Assurance Measures states water from a faucet is not to be hotter than 49°Celsius.

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- 4.2 All staff, prior to assisting a person with bathing, shall receive training on water temperature testing as part of the site orientation.
- 4.3 Water temperature from the faucet will be monitored through a daily check in both the morning and evening.
  - 4.3.1 Water will be tested for all faucets in all group living locations on a rotating basis.
  - 4.3.2 Staff will place a cup or glass in the sink then turn on the tap to the hottest setting allowing the cup to fill.
  - 4.3.2 Staff will allow water to run for 1 ½ - 2 minutes uninterrupted at the hottest setting.
  - 4.3.3 Staff will test the temperature using a digital thermometer, while allowing the water to continuously flow from the cup/glass.
  - 4.3.4 Staff will document the water temperature on the water temperature recording form (Appendix B)
- 4.4 When a water temperatures reads over 49° Celsius staff will take the following steps;
  - 4.4.1 Staff will place a note in the communication book in red that will alert other staff of the above normal reading.
  - 4.4.2 Staff will also place a note above the tap and shower indicating the requirement for manual testing that will remain in place until the water temperature is fixed.
  - 4.4.3 Staff will notify the supervisor or covering supervisor of the reading.
  - 4.4.4 Staff and/or supervisor will take the appropriate actions to remedy the water temperature as required.
  - 4.4.5 If the reading falls out of business hours staff will notify the supervisor or covering supervisor during the next available business day.
  - 4.4.6 Staff will follow a process of manually testing water with a thermometer, as identified in section 4.3, prior to assisting a person with their bath or shower until the temperature is fixed.

**COMMUNITY LIVING BRANT****BATHING/SWIMMING SUPERVISION LEVELS**

INDIVIDUAL: \_\_\_\_\_

LOCATION: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

- A) Describe individual's skill areas (this must be based on recent assessments and observations) in the following areas:

**Preparation for Bathing:**


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**Washing Self:**


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**Dressing Self:**


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**Note: Type and Date of Annual Assessment of Supervision Levels:**

- B) Levels of Bathing/Swimming Supervision are defined as follows:

- Level 1: Staff member must be physically present and provide full supervision in the area at all times.
- Level 2: Staff can be removed from the area. Door is ajar; staff must be in the immediate area (12 feet). Physical checks for supervision must be done every five minutes.
- Level 3: Staff member must be in the house/area when individual is washing/swimming. Physical checks for supervision must be done every ten minutes.
- Level 4: Independent bathing/swimming. There is no staff supervision required.
- Level 5: Individual with active epilepsy must be supervised regardless of skill level. (Please indicate this as Level 1 and 5, or Level 2 and 5 – no other levels are acceptable.)

\_\_\_\_\_ is assessed at Level \_\_\_\_\_ based on information in Section A

- C) List any assistive devices that are required for individual's bathing/swimming.

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Completed by: \_\_\_\_\_

Position: \_\_\_\_\_

Supervisor Reviewing: \_\_\_\_\_

Date of Report: \_\_\_\_\_

Date Reviewed: \_\_\_\_\_

[illegible]